

The Client's Eye

Quarterly Newsletter

Autumn 2021



Dublin
Simon
Community



Inside:

- **Scrappy but Happy Advertisement**
- **Photographs from Kilmantin Hill Garden**
- **Poetry**
- **Autumn craft idea**
- **And more!**



Welcome to the 2021 Autumn edition of the Client's Eye.

In this issue, you will read some beautiful written pieces from clients. We were also delighted to include the wonderful photographs from Kilmantin Hill's lovely garden. As always, Client Development really appreciate all clients who share your poetry, writings and photography with us. Thank you all who contributed to this season's Client's Eye.

The Client's Eye is now featured on the Dublin Simon Community's website, in the Client Development section.

If you would like to make a submission to the Client's Eye, please contact Client Development by emailing cd@dubsimon.ie.

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Autumn Holidays

22nd September: Autumn Equinox

10th October: World Mental Health
Day

25th October: October Bank Holiday

31st October: Halloween

25th November: International Day
for the Elimination of Violence against
Women

1st December: World AIDs Day



“Sometimes you will never know
the value of a moment, until it
becomes a memory”

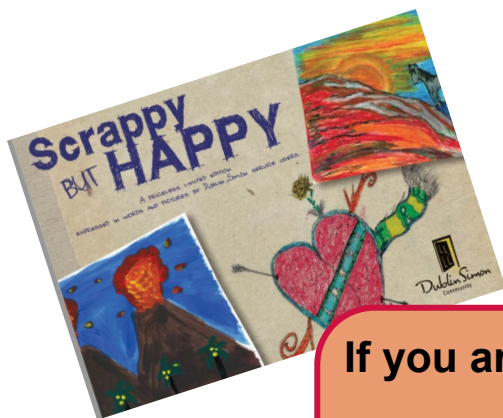
- Dr. Seuss

Scrappy But Happy

11

Scrappy But Happy 11 is currently being developed and the Client Development Team are looking for content to include in the next edition!

Scrappy but Happy is a beautiful publication that has been designed for the last 11 years! It includes artwork and creative writing by people who access Dublin Simon Community services. The Scrappy but Happy books are always so special as it includes creative contributions made by clients over the year.



If you are interested in having your creative pieces included in Scrappy but Happy 11, please email us at cd@dubsimon.ie.



Dublin Simon Community new media campaign, featuring Maser, Dublin artist.



Dublin Simon Community has launched a new communications campaign in partnership with Dublin artist Maser and creative agencies BBDO and Banjoman. This campaign aims to acknowledge the rich and challenging lives of those experiencing homelessness. The core message of the campaign “U Are Not Less” speaks directly to people experiencing homelessness with the faces of Dublin Simon current and former clients featuring throughout the creative campaign.

At the heart of the campaign is Maser’s much-loved “U Are Alive*” mural at the corner of Grantham Street, Dublin 2 which sits on the gable end of the Dublin Simon Community Camden Street charity shop. The mural has seen several variations over the years, with Maser rejuvenating it especially for the launch of the campaign.

The “U Are Not Less” campaign kicks off this week and will feature a suite of advertisements across social, out-of-home, radio and online streaming. You can watch the “U Are Not Less” promotional video which features a poem written by BBDO and voiced by Caitriona Ennis. You can watch the video on the Dublin Simon Community’s YouTube channel.

#HomelessNotLess

Client Development Team

We have a lot of programmes to offer you!

International Computer Driving License

Complete an online ICDL module and receive an international recognised certificate.

Meaningful Activities

We are running meaningful activities via Zoom and we welcome participation in our creative writing, art and dance sessions.

Personal Development Online Class

We also are delivering self directed learning opportunities via google classroom in teamwork, goal setting and communication. We will be expanding our content library in the coming months. Complete the short, online modules and you could receive a certificate from Client Development.

Literacy, CV, Education and Employability

Client Development offer literacy classes and support with CV writing and employment and education guidance over the phone and laptop.

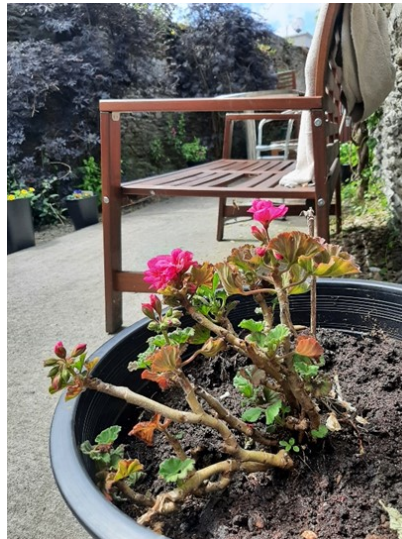


If you are interested:

Contact **cd@dubsimon.ie** or ask a member of staff in your service to fill out a Client Development referral form with you. We would be happy to answer any questions you might have, so please don't hesitate to contact us by emailing **cd@dubsimon.ie**.

Kilmantin Hill

Our garden project completed by Kilmantin Hill residents which included a variety of beautiful flowers. The residents also grew from seed; radishes, red onion, lettuce and tomato plants. A new addition to our garden is a lovely picnic bench just in time for the wonderful weather we had.



Kilmantin Hill



Thank you so much to the Kilmantin residents and staff for sharing these wonderful photos with us! The garden looks beautiful!

Memories of Mark

I have known Mark in and out of recovery since 2016.

He was a very intelligent man, he had a beautiful way of speaking, no vulgar language, ever. He was kind and lovely to speak with on any subject matter, he was so well read.

He was also “in support” with Dublin Simon Community over many years.

At last he seemed to be moving forward in his life and I, as well as many other Dublin Simon Community people had been with him along the way.

He had his new home – a one bedroom apartment – and I was helping him refurbish it by getting in timber flooring.

On arrival that Saturday morning I knew something wasn't right. Although he was happy to see me, he was very unwell. Unfortunately, he passed away peacefully, but, he did not die alone.

To see Mark end his journey this way and never get to enjoy his new home, was a very deep sadness for me and his family.

May Mark now rest gently in peace.

Death puts it's cold hand on your heart

Then we knew you had to part

Your life on earth was true

Your life was short we all knew

For you were a friend for all who cared for you.

By, Michael

Poetry

Am I here
Do you see me
Please let me know
I don't see myself
I'm not sure I ever have
Don't touch me
I'm dirty, soiled
Reach inside me
Enter the place that's lost, broken
Fill the void
There is no place I can be
Taken to redeem me
When I choose to accept
The gift of redemption
I will know I have arrived
I will see myself in the eyes
Of one who is loved
My eyes
They have always been enough
To share the wonder that is love



By Sarah McG.

Crack the Code

Use the symbol codes to identify the corresponding letters to fill in the blanks below to find out the quote by Thomas Edison.

a	b	c	d	e	f	g	h	i	j
⌚	▼	△	◆	er	▶	■	◯	●	☒

k	l	m	n	o	p	q	r	s	t
♦	☿	≡	⌘	□	▲	♂	♏	⊞	↗

u	v	w	x	y	z
♂	⋈	▷	↗	♏	✦



 ● ▶ ⌚ ● ☿ er ◆

_____ _____
 ≡ ♂ ▷ ⌚ ♂ ↗ □

_____ _____ _____ _____ _____ _____ _____
 ⊞ ♂ △ △ er ⊞ ⊞

Halloween Treat

Make up these sweet snacks for a fang-tastic Halloween treat!



Ingredients:

- 1 pack of chewy cookies
- 7 tablespoons icing sugar
- Water
- Red food colouring
- Mini marshmallows
- Sliced almonds

Method:

1. First we are going to make the red icing by putting the 7 tablespoons of icing sugar into a bowl, mix with 1 tablespoon of water and a drop of red food colouring. Mix this mixture until it is smooth, and is not too runny. You can add more water or icing sugar to make sure you get the right amount of icing sugar at the right consistency.
2. Take as 8 cookies from the pack of cookies and cut them in half.
3. Spread a thin layer of red icing onto each cookie half.
4. Place mini marshmallows around the round edges of half of the halves. Place the remaining cookie halves on top.
5. Stick a sliced almond on each side to create fangs.

Mindful Colouring

Mindful colouring can be great way to calm and reduce stress. Spend some time concentrating and focusing on colouring in the mindful picture below.



Craft Idea: Autumn Wreath

This Autumn wreath works with the beautiful Autumn leaves that are falling from the trees, which are amazing colours!

Needed:

- Some leaves— it's lovely to get out and collect some leaves on a walk for this project
- Cardboard—I used an old cereal box
- Pencil
- Scissors
- Big plate and a smaller plate/mug to draw the circles
- String / Wool
- Glue



Method:

1. Get all your materials ready. Take a plate and trace the outside to draw circle on the cardboard. Take the item you will use for the smaller circle (I used a mug) and trace the outside to draw a smaller circle inside the bigger circle.
2. Cut out these two circles to get a donut shape. At this stage you can put a hole in the top and feed some string through it that you will use to hang your wreath.
3. Now you have the base of your wreath, you can start gluing your leaves to the cardboard. Make sure that each time you glue the leaves, that you hold them down firmly for at least 30 seconds. This makes sure that they are secured in place when the glue dries. You can get creative here and add ribbons or stickers!
4. Leave the glue to dry for about 30 minutes, then the wreath is ready for you to hang up.



Funny Page

Joke 1

Q. What do you call a banana with 'eyes'?

A. Binini

Joke 2

Q. What did you call a chunky pumpkin?

A. A plumpkin

Joke 3

Q. Why should you never trust stairs?

A. They are always up to something



Crack the Code Answers

l	f	a	i	l	e	d
_____	_____	_____	_____	_____	_____	_____
●	▶	Ω	●	☿	er	◆

m	y	w	a	y	t	o
_____	_____	_____	_____	_____	_____	_____
≡	♏	▷	Ω	♏	↗	□

s	u	c	c	e	s	s
_____	_____	_____	_____	_____	_____	_____
⊠	υ	△	△	er	⊠	⊠

Quote by Thomas Edison

Horoscopes

Aries

21 March — 20 April



A vibrant few months awaits you, Aries! Avoid making any rushed decisions. It's a good time to slow down and look at your life from an objective distance and to make a structured plan.

Taurus

21 April — 21 May



Focus on self-care and your emotional foundation this autumn! Show the people that you care about how much you are grateful for their love and support. Enjoy the small simple pleasures.

Gemini

22 May — 21 June



This time is for the light-hearted and social experiences. You will be positively buzzing with ideas and banter. You will be in your element. Just remember to also listen.

Cancer

22 June — 22 July



You will be more introspective in the coming months. It's ideal time for a more measured and mindful approach to everything. Less is more now so prioritise quality over quantity.

Leo

23 July — 22 August



This autumn, it's a good time to think about renewed initiatives and fresh starts. It's also a good time to plan something a little different onto your schedule, so be adventurous!

Virgo

23 August — 23 September



You are in a restful and healing mode for the autumn. You have cosmic permission to slow down and rejuvenate. Take this time to refocus and make some plans.

Libra

24 September — 23 October



Autumn will be an amazing time for big-picture planning, and collaboration is key! People will be drawn to your natural personality and teamwork will make the dream work.

Scorpio

24 October — 22 November



This autumn your willpower will be high. In the past some of your long-standing goals have seemed daunting, but now is the time to tackle your to-do's! You will be on top of it..

Sagittarius

23 November — 21 December



Are you feeling the urge to travel, learn new things or shift boundaries? It's time to buckle down and focus on goals and plans rather than spreading your energy in too many directions.

Capricorn

22 December — 20 January



This year has showed you exactly what happens when your hard work finally pays off. Share your goals with someone and ask for support if needed to help make your dreams happen.

Aquarius

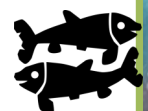
21 January — 19 February



Behold the power of teamwork! Your free-spirited soul sometimes finds it difficult to ask for help and work with others, but it's time to get a team around you for support.

Pisces

20 February — 20 March



You will come into some luck this autumn season. It will be a good time to think about your goal wish list, and make sure you go slowly with these plans, only fools rush in!

Free Events Around Town

Dublin Fringe Festival

11th September — 26th September

Dublin Fringe Festival will return once again with outdoor and open-air visual art, performances, music and comedy gigs.

Location: Online and various locations

Admission: Varies

Website: <https://www.fringefest.com/festival/whats-on>

Dublin Festival of History

20th September— 10th October

Dublin Festival of History is an annual free festival brought with 70 free online and in-person events.

Location: Online and various locations

Admission: Booking online

Visit their website: <https://dublinfestivalofhistory.ie/events/>



The Client's Eye

The Client's Eye is your opportunity to share your ideas and to show your creativity. Poems, short stories, personal experiences, jokes, photographs, artwork, recipes, opinions or news are all welcome.

For more information contact: cd@dubsimon.ie

Disclaimer: The views and opinions expressed in this newsletter are not necessarily those of Dublin Simon Community.