

Client Development Activity Pack!

In this pack you will find challenges, exercises and activities to help you pass some time and take care of your wellbeing. We will be sending one of these packs to your service every Tuesday and Friday. Remember to pick up your copy! We hope you find it helpful.

Contents:

Mindfulness Colouring..... Page 1

Pride Quiz..... Page 2-3

Mindfulness Colouring..... Page 4

Quote of the Day;

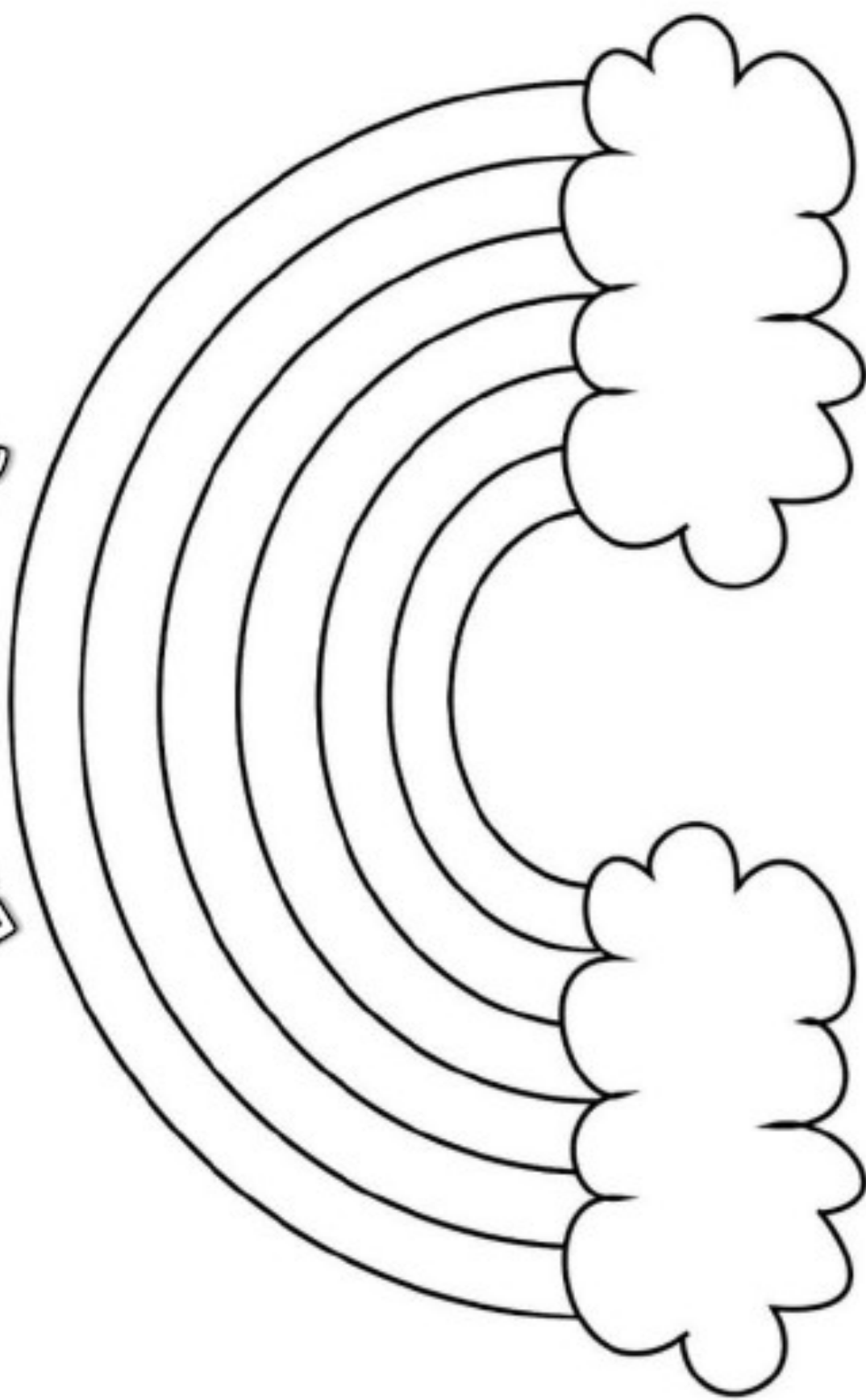
**“Go confidently in the direction of
your dreams.”**

Henry David Thoreau



Client Development would love to hear your feedback! Tell us what you would like to see more of in these activity packs. Send us photos of your activities and we will include them in the next issue. Contact us by email at cd@dubsimon.ie.

Love is Love



Dublin Simon Community Pride Quiz!



1) In what year did Ireland vote to legalise same sex marriage?

2012

2015

2016

2018

2) How many colours were on the original Pride flag?

6

7

8

9

3) The Stonewall Riots are largely considered to be the inspiration for Pride month. In what city were they held?

New York City

Philadelphia

Los Angeles

Chicago

4) How many countries have legalised same sex marriage?

22

29

32

42

5) Which country holds the Guinness World Record for the largest Pride parade?

USA

Argentina

Germany

Brazil

6) In which year were the Stonewall Riots held? (Extra 2 points if you can give the exact date they began - one point for month, year and date each).

7) What was the first country in the world to legalise same-sex marriage by popular vote?

Denmark

Ireland

The Netherlands

Australia

8) When was homosexuality legalised in Ireland?

1972

1989

1993

1998

9) In what year did Ireland begin allowing individuals to change their gender legally through self-declaration?

1995

2004

2010

2015

10) Who was the first openly gay person to be elected to public office in Ireland?

Leo Varadker

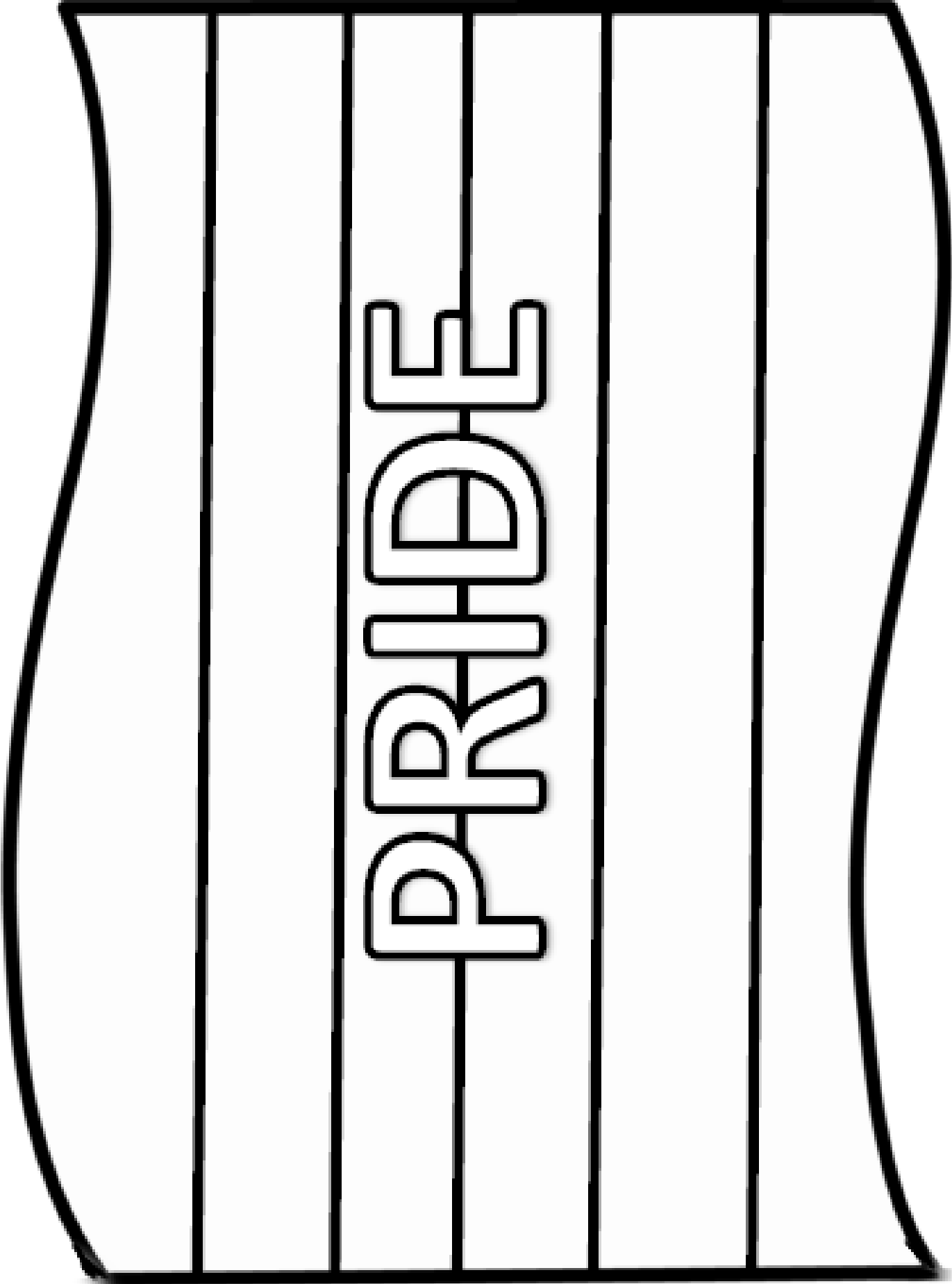
Jerry Buttimer

Katherine Zappone

David Norris



Please return your completed quiz to cd@dubsimon.ie by Monday 29th June to be in with a chance of winning a prize!



PRIDE