

# WINTER UPDATE 2018

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Serving Dublin, Kildare, Wicklow, Meath, Louth, Cavan, and Monaghan.



## A Celebration of Creativity Art and Creative Writing Exhibition

Supporters like you mean we can continue to provide creativity and educational services. Dublin Simon Community clients were delighted to see their artwork on display at a recent exhibition at the Temple Bar Gallery and Studios to mark the launch of Scrappy But Happy 8, a book of creative writing and artwork showcasing the amazing talent of people who access our homeless, housing and treatment services.

The launch also featured our Client Recognition Ceremony, marking clients' participation during the year. The Literacy and Personal Development Team co-ordinates and facilitates a range of classes and therapeutic programmes across our services.

The team facilitates arts and crafts, creative writing, dance, computer and gardening groups as well as literacy tuition and open mic nights to inspire creative thinking and encourage self-expression.

Our events and workshops celebrate diversity, equality and inclusion. They are a beautiful representation of the wonderful creative talents of those accessing our services. For more information on our Scrappy But Happy book please call us on 01 472 2150.

"The idea that we can all be artists for a day, that we could share vision collectively, does mean a lot to me." - Donal

## Your Update from Sam



Because of your generosity, last year we provided outreach, housing, health and support services to 6,285 people and families, a 22% increase on the previous year.

In September, we opened our new Intermediate Care facility at Ushers Island. This will be delivered in partnership with Safetynet Primary Care and in collaboration with hospitals and homeless services.

The 12 bed unit is for people who are homeless to stabilise them before a hospital admission or treatment while also enabling them to recuperate, rehabilitate and move to accommodation following a stay in hospital. This service is the first of its kind and will ensure that we improve health outcomes for people who are homeless. As a Simon supporter you are a vital part of this and your kindness will continue to save lives. Thank You.

Sam

Sam McGuinness Dublin Simon Community CEO

## Give a Meaningful Gift

Order online at www.dubsimon.ie or call us on 01 472 2150 to send a Simon Star to friends and family and give a meaningful gift of hope for a person facing homelessness.



## €20 Give someone back their pride

Your donation could provide a kit containing toothpaste, a toothbrush deodorant, wipes, underwear and sanitary towels.



## €50

# Give someone a warm bed

Your donation could help towards providing a bed in our Recovery unit for someone facing homelessness.



# Improve mental wellbeing

Your donation could provide a course of mindfulness for someone on their path to recovery.



## €100 Set a family up in their new home

Your donation could provide a home starter pack for someone moving into their new home.



### Rough Sleeper Team Street Outreach Support

It is only with the kind support from people like you that our Rough Sleeper Team are out on the streets 365 days a year, engaging with people experiencing homelessness. Funded by our community of donors, the team offer a range of life saving supports to people who are sleeping rough.

The Rough Sleeper Team help people with their immediate physical health needs and accessing a safe bed.

#### A Note from our Team



Anna SUDDON'T WORKER

"I've been on the rough sleeper team now for a year and even in that time I've seen the increase in the people who are coming to us.

They support people in mental health crises and help move towards the long term care they need through counselling or mental health services. They also work alongside our Soup Run, Breakfast Run and Social Club to provide sleeping bags, food, clothing and toiletries.

The team also provide the Mobile Health Outreach Clinic, run in partnership with Safetynet Primary Care, providing supports and medical services to people rough sleeping, targeting those who may not be linked into other health services.

"There are also so many people at risk of homelessness contacting us, they might be couch surfing. You can see the fear in their eyes as they're beginning to see the reality that rough sleeping is very close to them. "For people rough sleeping it could be 5.30am or even earlier in the morning when they have to be up and start walking, maybe go and get some food in one of the services.

"Sure I know if I need anything all I have to do is meet with the Simon Rough Sleeper Team and they help me. They got me a suit for my mam's funeral last minute from their charity shop and I appreciated that so much. I went looking like my mam's son and not as a homeless person."

- Mark, Outreach Client

The Rough Sleeper Team also has a harm reduction focus, providing emergency needle exchanges out of hours to people suffering from an addiction.

1,500

People are supported by our Rough Sleeper Team each year.

They advocate for and support clients to access appropriate services such as residential treatment, supported temporary accommodation, long term housing and health services to help them on the pathway out of homelessness.

"Simon has a breakfast run twice a week as well so they'll drop them some breakfast. They have no security, there's no sense of safety. Somebody who is going home will get that moment where they feel safe but sadly people who are living on the street never get to experience that. You work to try and comfort them but also help them to move forward."

### One Story that Impacted Me



with Snoop

"Every day is very long for anyone living on the streets. They're out walking no matter what the weather, it's a tough life. Our long term goal for clients is trying

to get them into accommodation, whether that's supported living or independent housing depending on their needs.

"One of the stories that impacted me a lot was a client of ours that sadly passed away. He was on the streets with his dog Snoop for about six years and I actually have adopted the dog now as unfortunately this client developed cancer and went into hospital.

"Before he passed away he moved into one of Simon's emergency accommodation services, as we are one of the few services that takes people who have pets.

"We developed a professional relationship over time and he asked would I take his dog. He didn't have long left and was worried what would happen to Snoop."

"It was nice to be able to give him that kind of comfort at the end."

"For a lot of our clients, they're so alone on the streets by themselves, they don't have the support of friends and family, so their dog means a lot to them."

Visit **dubsimon.ie** to find out more.

Charity Number: CHY5963

Tel: 01 472 2150

Web: www.dubsimon.ie

## **Building Homes. Rebuilding Lives.**



### Stay In Touch with Simon

Twitter @dublin simon

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