

**“It just took for someone to have that bit of hope and see something in me and I was able to fulfil my dream beyond my expectations.”**



## The Hub

Our Centre of Hope and Recovery

**Thanks to the kindness of supporters like you we recently opened our new facility “The Hub” beside our Treatment and Recovery Services at Ushers Island.** With the generosity of donors we were able to transform a derelict warehouse into exercise and creative rooms for our health, wellbeing, education and creativity services, providing over 1,000 classes a year. The Hub offers a welcoming environment and a positive outlet for clients on their journey through recovery and out of homelessness. Tara describes the difference this has made in her life.

“The Health and Wellbeing service led me to believe in myself and encouraged me to go further than I ever thought I could. From day one, when I was in recovery I started going to the gym.”

**“The Simon Community had a bit of hope in me and now I have a bit of hope in myself.”**

“I’ve just come back from representing Ireland in the Homeless World Cup in Oslo. Being able to fulfil that dream of going back to football, I didn’t think I could succeed in it, but I proved myself wrong.”

“Now every little thing that I come up against, I’m given that bit of encouragement and I get that bit of hope so I know I can get through that hurdle. This instils in me the determination to be able to go on and do more and to know that when I achieve one thing then I can set myself another goal.”

“This all comes from people having belief in me when I hadn’t got it in myself. It just took one person when I started on my journey out of homelessness with the Simon Community, almost four years ago. They had that hope in me and now I have a bit of hope in myself.”

## Welcome from Sam



Our services at Ushers Island provide a place of sanctuary from the trauma of living without a home. Our teams give clients back the hope they need to rebuild their lives. As a Simon supporter you are a vital part of this and your kindness will continue to save lives. Thank You for believing in us.

*Sam*

Sam McGuinness  
Dublin Simon Community CEO

## Send a Simon Star of Hope

**“Hope keeps our clients going when they feel like they’ve nothing left.”**



**Our Health and Wellbeing Officer Niall describes the importance of instilling hope in his clients.** “Hope is one of the most powerful attitudes, thoughts, beliefs or motivators that you could have. They see by making an investment in the future it will pay off in the present, in the way they take care of themselves, and stick to their recovery plan.”

- 1) Please fill out your Simon Star enclosed with a message of hope.
- 2) Return this to us in the envelope provided.
- 3) We will display these stars for our clients throughout our services over Christmas.

From all of us at Simon, Thank You for giving the gift of hope this winter.




**Ushers Island**  
Transforming Lives

**Because of your generosity for over 25 years Dublin Simon Community has been established in the heart of Ushers Island on Dublin's quays.** In 1989 the service first opened its doors as an emergency shelter. In 2003 we expanded into addiction treatment services, opening the first of its kind medical Residential Treatment and Recovery Centre, specifically for people who were homeless or at risk.

Today, Residential Detox, Recovery, Aftercare and Stabilisation/Respite services are provided together with Counselling and Mental Health supports, guided by our clinical governance and HSE quality standards for healthcare.



  
**1,023**  
People accessed Treatment, Recovery and Counselling services last year.

In addition to our clinical and medical services, we offer a variety of complementary and holistic therapies such as fitness, health, wellbeing, literacy, personal development, arts, drama, education and employability at Ushers Island. These are vital to help our clients develop hope and determination to move forward. Ian, our Operations Manager, describes the holistic supports provided.

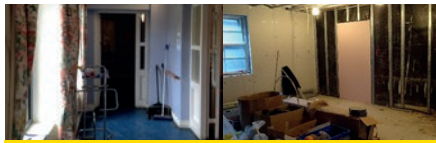
**"Wraparound services and our aftercare team are crucial to making sure that people are not going straight back out the door into homelessness. We want to ensure we can get them into housing and we can get them the support that they need." - Ian**

**Sean MacDermott Street**  
Winner at ICSH Housing Awards

**We were delighted to see our project on Sean MacDermott Street honoured at the recent Irish Council for Social Housing (ICSH) Community Housing Awards.**

The service was recognised in the Homeless Projects category marking its complete transformation from an old and dreary building into 13 bright and welcoming self-contained apartments with communal areas and a garden space. This would not have been possible without the generosity of our supporters. Because of this kindness we are able to create spaces of the highest quality that our residents can be proud of.

**"This has given me a new reason to live; it's given me a safe place for me and my little girl. The daily encouragement from staff gives me a reason to get up and live my life better than I ever did before." - Mary**



**Before**

**During**



**After**

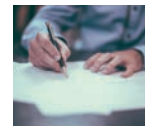
**How You Can Help**



**Make a Donation**  
Donate online, over the phone or by post.



**Send a Simon Star**  
Send a Star as a meaningful gift to a friend or family member.



**Leave a Legacy**  
By thinking of Simon in your will, you can make a lasting difference in people's lives.





**Support Simon**  
Join our Sing for Simon Carolathon, Simon House of Light or plan a fundraiser.

Visit [dubsimon.ie](http://dubsimon.ie) to find out more.



**Building Homes. Rebuilding Lives.**

**Stay In Touch with Simon**

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